

## LEARN TO CRUISE INSTRUCTORS

### PRE-REQUISITES SHARED BY ALL INSTRUCTORS LEVELS

<b>First Aid</b>	All programs of <b>general (standard)</b> level recognized by the FVQ
	Programs recognized by FVQ are: <b>Red Cross</b> <b>St. John's Ambulance</b>
<i>Duration:</i>	<b>3 years</b>
<b>CPR</b>	<b>Red Cross or St. John's Ambulance</b> Level A or higher is required for Learn to Cruise Instructors
<i>Duration:</i>	<b>3 years or according to card specifications</b>
<b>VHF with DSC</b>	Required for all levels.
<b>MARINE RESUME</b>	
<b>Letter of Recommendation</b>	Candidate must provide a letter of recommendation from an FVQ approved cruising school.

#### **Note:**

Learn to Cruise instructors accreditations are **valid for three years** beginning on December 31 of the year during which you succeeded your certification process.

To be recognized as a registered instructor, all your pre-requisites must be **maintained valid** during this period.

In order to emit certificates, an instructor must be **registered and pay his yearly registration fees.**

## **PRE-REQUISITES SPECIFIC TO DESIRED INSTRUCTOR LEVEL**

### **Basic level:**

1. Be 18 years of age or older.
2. Have the Basic Cruising Standard.
3. Have the Coastal Navigation Certificate (as a student).
4. Have two years (150 hours, 3 weeks) or more sailing experience as a skipper.
5. Provide us with a marine resume indicating, among other things: experience as a crew member or as a skipper (by date order); bodies of water sailed; type of boats used; references.
6. Hold the pleasure craft operator card or the equivalent

Definition of skipper (captain) experience required as a precondition to becoming a Basic Cruising Instructor.

The required experience is a minimum of two years of keelboat cruising as the skipper (captain).

An instructor is someone who will not only teach but also be the skipper (captain) of the school boat. They are fully responsible for the safety of both the boat and crew. It would be inconceivable that a person be recognized as an instructor without any experience as skipper (captain). This is why the minimum of 2 years experience (15 days or 150 hours) is required. Certain countries have both a skipper (captain) and an instructor on board but that is not the case in Quebec where the instructor is responsible for both roles.

We have estimated and concluded that one year of cruising experience as a skipper in Quebec equals a minimum of 7.5 days or 75 hours. We assume a maximum of 10 hours per day for each day spent on a live-aboard cruise (coastal navigation) or 8 hours for each day spent on a non-live-aboard cruise (day sailing). In other cases, we add the real hours spent on various trips.

If a person assumes the role of skipper in the presence of an instructor or captain, (as occurs on training courses) these hours cannot be considered as experience as a skipper.

### **Intermediate level:**

1. Be 19 years of age or older.
2. Be currently registered as a Basic Cruising instructor and have at least one season and a minimum of 150 hours logged as a Basic Cruising instructor.
3. Have completed the Advanced Standard (as a student).
4. Have a restricted radiotelephone operator's certificate – maritime.

5. Provide us with a proof of experience inscribed in logbook of at least 17 days as a skipper (at least three days each time).
6. Provide us with a marine resume giving details of courses provided by candidates and indicating, among other things: dates and duration of courses; bodies of water sailed; number of students supervised; number of certificates emitted; name of sailing school.

**Advanced level:**

Pre-requisites indicated in your International Cruising Logbook and a marine resume giving details of courses provided by candidates and indicating, among other things: dates and duration of courses; bodies of water sailed; number of students supervised; number of certificates emitted; name of sailing school.

**Coastal Cruising:**

See pre-requisites in your International Cruising Logbook CYA or contact FVQ.