

Event No 3 of the Quebec Circuit

SAILING INSTRUCTIONS

July 4 -7 2019

Pointe-Claire Yacht Club, Pointe-Claire, Québec
Organizing Authority: Quebec Sailing Federation

The notation (DP) in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

TRY (Training Regatta Youth) is an event for youth 19 years old and younger.

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing.
- 1.2 If there is a conflict between languages, French will take precedence.
- 1.3 For the 29er Class, RRS 44.1 is changed so that the two-turns penalty is replaced by the one-turn penalty.

2. NOTICE TO COMPETITORS

- 2.1 Notices to Competitors will be posted on the official notice board located outside the club house.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted on the official notice board before 8h00 on the day it will take effect.
- 3.2 Any change to the schedule will be posted by 20h00 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the official flagpole located beside the veranda.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the race signal AP. Boats shall not leave the dock while AP flag is displayed

5. SCHEDULE OF RACES

- 5.1 A total of 7 races are scheduled, except for the Optimist Green Fleet.
- 5.2 The scheduled warning signal for the first race Saturday will be at 10h30 and 10h00 on Sunday.
- 5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least four minutes before a warning signal is made.
- 5.4 On the last scheduled day of racing, no warning will be made after 14h00

6. CLASS FLAG

<i>Class</i>	<i>Flag</i>	<i>RC Numeral Pendant</i>
Optimist Green Fleet	Green	TBD
Optimist	Pink	1
Laser 4.7/Radial	Turquoise	2
Laser	Yellow	2
420	Purple	3
29er	Green	3

7. RACING AREA

Attachment A shows the location of racing areas.

8. THE COURSES

- 8.1 The diagrams in Attachment B show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 The approximate length of a race is from 30 to 45 minutes depending on the class.

9. MARKS

- 9.1 Marks 1, 2s and 2p will be orange tetrahedrons.
- 9.2 The new mark will be yellow tetrahedron.
- 9.3 The starting mark is a staff displaying an orange flag on the Race Committee boat at the starboard end and a red ball at the port end.
- 9.4 The finishing mark will be a staff displaying an orange flag on the starboard end of the Race Committee boat and a red ball at the port end.

10. THE START

- 10.1 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. (DP)
- 10.2 A boat that does not start within 4 minutes after her starting signal will be scored "Did Not Start" without a hearing. This changes rule RRS A4 and A5.

11. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12. THE FINISH

The finishing mark will be a staff displaying an orange flag on the starboard end of the Race Committee boat and a red ball at the port end.

13. TIME LIMIT

- 13.1 Time limits and target times are as follows:
- 13.2 For the Optimist class the time limit to mark 1 is 20 minutes. The target time limit is 30 minutes. For the other classes (Laser, Laser Radial, Laser 4.7, 420, 29ers) the time limit to mark 1 is 30 minutes. The target time is 45 minutes.

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- 13.3 If a boat has not passed mark 1 within the mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1 (a)
- 13.4 When it is in the best interest of the fleet and its competitors, the Race Committee may award finishing places to boats which are delaying the finish of the race (on course finish). The scoring abbreviation for an on-course finish will be OCF.

14. PROTESTS

- 14.1 The protest time limit shall be posted for each class and will be 60 minutes after the time the RC boat docks after racing is completed for the day, or the RC signals no more racing today, whichever is later.
- 14.2 Notice of Protests will be posted on the official notice board no later than 10 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the Club's upstairs meeting room.
- 14.3 Notices of protests by the Race Committee, Technical Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).
- 14.4 On the last scheduled day of racing, a request for redress based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

15. SCORING

- 15.1 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- 15.2 When 5 to 7 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15.3 The scoring for all qualifying events will be counted to determine overall results for the Circuit du Quebec.
- 15.4 Optimist Green Fleet will not have individual scoring.

16. REPLACEMENT OF A CREW

Substitution of competitors will not be allowed without prior written approval of the Protest Committee (DP).

17. MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

18. OFFICIAL AND SUPPORT BOATS

- 18.1 Judges will display a white flag.
- 18.2 Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment. (DP) Optimist Green Fleet coaches are welcome on the Green Fleet course.

19. SAFETY REGULATIONS

- 19.1 All competitors shall always wear approved life jackets or other approved personal buoyancy while afloat.

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- 19.2 Check-out and Check-in: All competitors who use the PCYC harbour shall check out and check in a token outside the sail shed. (DP)
- 19.3 A boat that retires from a race shall notify the Race Committee as soon as possible. (DP)

20. PRIZES

Prizes will be awarded to each class except Opti-Green Fleet. (Participants of the Opti Green Fleet will receive participation prizes.)

21. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority, Pointe Claire Yacht Club, and its representatives will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

22. INSURANCE

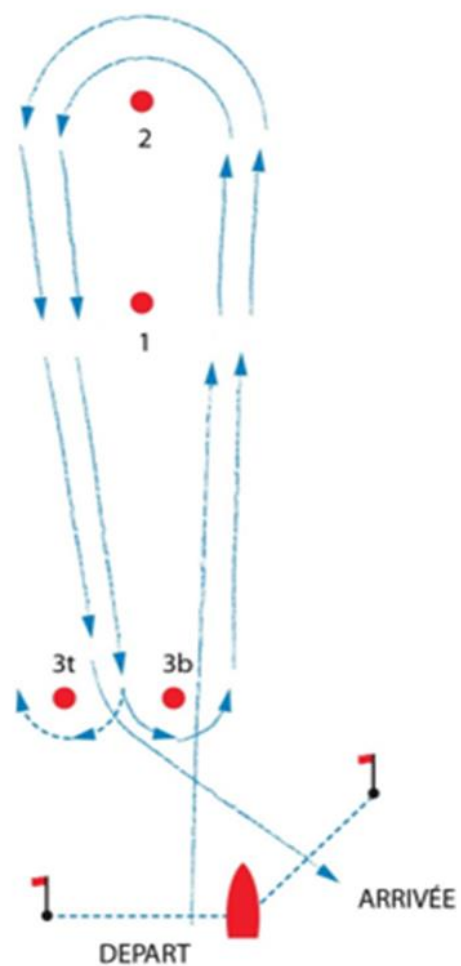
Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$500,000.00 per incident or the equivalent.



Parcours 3/Course 3

Départ-2-3(gate)-2-3(gate)-Arrivée

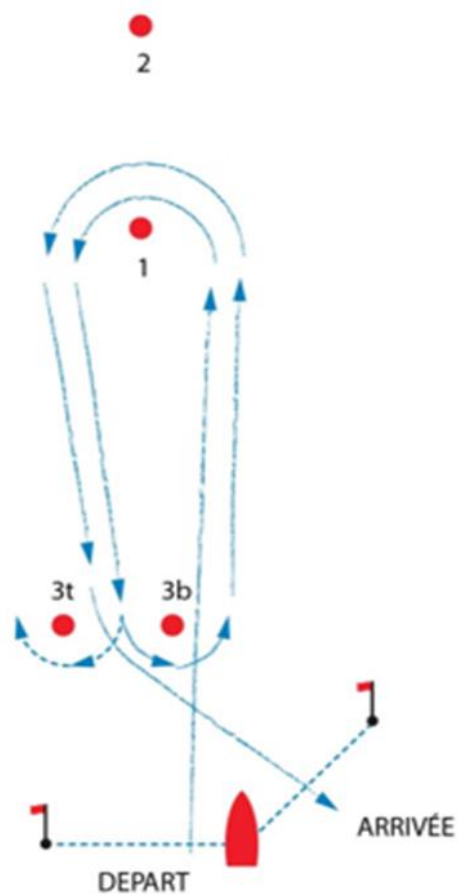
29ers



Parcours 4/Course 4

Départ-1-3(gate)-1-3(gate)-Arrivée

Laser, Radial, Laser 4.7 et 420



Les marques de départ et d'arrivée sont des balles rouges.

2t/2b et /sont des tétraèdres orange.

La nouvelle marque (indique un changement de parcours) est jaune.

All starting and finishing marks will be red balls.

Mark 2p/2s and 1 will be orange tetrahedron.

The new Mark (indicates course change) is yellow.

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